



SUBJECT:	Hairdressing and Beauty
UNIT:	2
ASSIGNMENT:	3 – Controlled
TITLE:	Face care treatment
DATE SET:	17 th April 2023
DEADLINE:	17 th May 2023

General Instructions

- Lines provided for sub-questions (a) and (b) indicate the length expected in the candidate's answers.
- Lines provided for sub-questions (c) do **not** necessarily indicate the length and depth of the expected answers.
- Application criteria will be assessed in class.
- Answers may be either in English or in Maltese.

Candidate's Declaration of Authenticity

I, the undersigned, _____ (*Name and Surname*), declare that all the work I shall submit for this assignment will be my own.

I further certify that if I use the ideas, words, or passages from existing sources, I will quote those words or paraphrase them and reference them by making use of a reference system.

I am aware that should I submit work which is not mine, or work which has been copied from one or more sources, I will be penalised as per MATSEC Examinations Board policies related to plagiarism.

Candidate's Signature: _____

I.D. Card No.: _____

Date: _____

General Scenario

- Claire is the owner of 'Essence Beauty Salon'.
- She has a lot of clients who book face care treatments.
- Claire knows that adapting the face care treatment for the client's skin type is important to ensure client satisfaction.

SECTION A – WRITE-ON

Answer **ALL** questions in the space provided.

Question 1

K-6 (4 marks)

a. List the **FOUR** different heating methods that can be used during a face care treatment.

Method 1: _____

Method 2: _____

Method 3: _____

Method 4: _____

b. Identify the time allowance when heating the face according to the various skin types by filling in the missing spaces in Table 1:

Table 1: Time allowance when heating the face

Skin Type	Time Allowance
Normal and Combination Skin	_____
Oily Skin	_____
Dry skin	_____
Sensitive Skin	_____
Mature skin	_____

Question 2

K-7 (4 marks)

- a. i. State **FIVE** points why it is important to carry out a consultation with a client prior to a face care treatment.

Table 2: Importance of a consultation

Point 1:	<hr/> <hr/>
Point 2:	<hr/> <hr/>
Point 3:	<hr/> <hr/>
Point 4:	<hr/> <hr/>
Point 5:	<hr/> <hr/>

- ii. State **FIVE** points why it is important to fill out a record card prior to a face care treatment.

Table 3: Importance of a record card

Point 1:	<hr/> <hr/>
Point 2:	<hr/> <hr/>
Point 3:	<hr/> <hr/>

Point 4:	<hr/> <hr/> <hr/>
Point 5:	<hr/> <hr/> <hr/>

b. Outline the **FOUR** necessary information that should be found in a face care treatment plan.

Information 1: _____

Information 2: _____

Information 3: _____

Information 4: _____

c. Describe **FIVE** suitable aftercare advice that is given to the client after a face care treatment.

Question 3

K-8 (4 marks)

a. List **FIVE** different products used in a face care treatment.

Product 1: _____

Product 2: _____

Product 3: _____

Product 4: _____

Product 5: _____

b. Outline the purpose of the following **TEN** ingredients found in face care products.

Waxes: _____

Oils: _____

Anti-bacterial agents: _____

Preservatives: _____

Detergents: _____

Humectants: _____

Fragrances: _____

Alcohol: _____

Astringents: _____

Emulsifier agent: _____

c. Describe the effects of **FIVE** different products used during a face care treatment.

Question 4

C-2 (6 marks)

a. Explain **TEN** contraindications of a face care treatment.

Contraindication 1: _____

Contraindication 2: _____

Contraindication 3: _____

Contraindication 4: _____

Contraindication 5: _____

Contraindication 6: _____

Contraindication 7: _____

Contraindication 8: _____

Contraindication 9: _____

Contraindication 10: _____

b. Explain the **FIVE** benefits of heating the face.

Benefit 1: _____

Benefit 2: _____

Benefit 3: _____

Benefit 4: _____

Benefit 5: _____

Question 5

C-3 (6 marks)

a. Describe the procedure of a face massage, in **TEN** steps and in the order of application.

Step 1: _____

Step 2: _____

Step 3: _____

Step 4: _____

Step 5: _____

Step 6: _____

Step 7: _____

Step 8: _____

Step 9: _____

Step 10: _____

b. Explain **FOUR** benefits of a face massage.

Benefit 1: _____

Benefit 2: _____

Benefit 3: _____

Benefit 4: _____

c. Discuss the effects of the **FOUR** main face massage movements.

Effect of massage movement 1: _____

Effect of massage movement 2: _____

Effect of massage movement 3: _____

Effect of massage movement 4: _____

SECTION B – PRACTICAL

Background information

- In this task, students will be assessed on carrying out a face care treatment on a client.
- The teacher will instruct students on how to select the client before the assessment of this criteria.
- Students are to fill in the enclosed Consultation Form/Record Card provided.
- Students are to choose the appropriate face care products for their client's skin type.
- Students are to carry out the face care treatment with the correct massage sequence.

Question 1

A-5 (10 marks)

- a. Demonstrate a consultation prior to a face care treatment on a client.
- b. Perform a superficial cleanse followed by a skin analysis on a client.
- c. Perform the appropriate face care treatment on a client including after-care advice.

No marks will be awarded unless all appropriate PPE are used, and Health and Safety Practices are strictly abided to.