Index Number: \_\_\_\_\_ SEC36/s1.21s



# MATRICULATION AND SECONDARY EDUCATION CERTIFICATE EXAMINATIONS BOARD

#### SECONDARY EDUCATION CERTIFICATE LEVEL 2021 SUPPLEMENTARY SESSION

SUBJECT: Health and Social Care

PAPER NUMBER: Synoptic – Unit 1 DATE:  $3^{rd}$  November 2021 TIME: 9:00 a.m. to 11:05 a.m.

THIS PAPER SHOULD BE RETURNED TO THE INVIGILATOR AFTER THE EXAMINATION.

Answer **ALL** questions in the space provided.

#### **Scenario**

- Karen works as a youth worker at youth centre.
- Part of her job involves helping youth decide what they want to do in their future.
- Dylan, a foreign youth living in Malta came to see Karen as he wants some guidance for his career.

#### **SECTION A: COMMUNICATION**

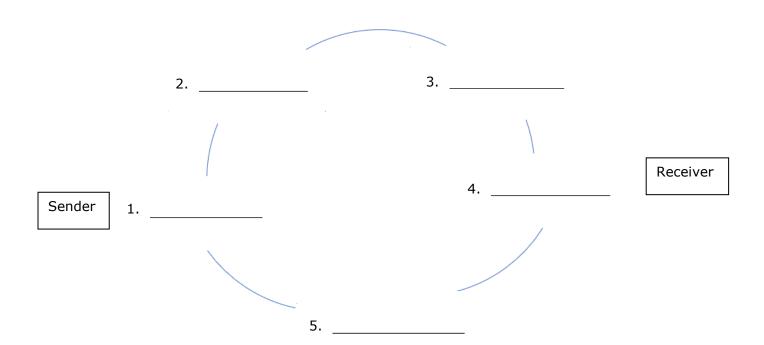
Question 1 K-1 (6 marks)

a. When Karen asks Dylan: 'What are the jobs you are interested in?', who is the sender and who is the receiver?

Sender: \_\_\_\_\_\_ (1)

Receiver: \_\_\_\_\_\_ (1)

b. Label the **FIVE** stages of the communication cycle in the diagram below. (2)



c. Outline the <b>FIVE</b> stages of the communicat	ion cycle.
	(2)
Question 2	K-2 (8 marks)
a. List the <b>FOUR</b> different contexts for comm	nunication.
Context 1:	(0.5)
Context 2:	(0.5)
Context 3:	(0.5)
Context 4:	(0.5)
<ul> <li>Distinguish through an example, when ea in Health and Social Care.</li> </ul>	ch context listed in Question 1a above can be used
When to use context 1:	
	(0.5)
When to use context 2:	
	(0.5)
	(0.5)
	(0.5)
which to use context 4.	(0.5)

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c.

- Karen went with Dylan to MCAST to speak to the career adviser.
- While they were there they also spoke to the manager and some lecturers.
- The lecturers invited current students to talk to Dylan about their experience.

Identify the <b>FOUR</b> contexts of communication taking place between different individuals in th scenario. In the context identified, name the individuals taking part in the communication.
The second secon
Question 3 C-1 (12 marks
a. Distinguish between one-way and two-way communication, showing the difference between them.

b. Differentiate between situations when one-way and two-way communication are used. FOUR  examples of each.	Give
One-way communication	
e.g.: nurse writing in the hospital record	
Example 1:	_ (1)
Example 2:	_ (1)
Two-way communication	
e.g.: telephone conversation between patient and doctor	
Example 1:	_ (1)
Example 2:	_ (1)
c. Describe <b>FOUR</b> advantages of face-to-face communication.	
	(4)

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Question 4 K-4 (8 marks)

## Scenario (continued)

- Karen was explaining to Dylan what he should do to apply for a job.
- Karen was speaking to Dylan in the language he speaks.
- She opened the window due to restrictions.
- Dylan was not understanding exactly what she was saying.

a. When communicating with others, we can encounter barriers. Provide a defin to communication".	ition of "barriers
b. Identify <b>TWO</b> possible barriers to effective communication in the scenario abo	
Barrier 1:	(1)
Barrier 2:	(1)
c. Describe the possible effects on Karen and Dylan, of the <b>TWO</b> barriers to effective identified in Question 4b.	e communication
	· · · · · · · · · · · · · · · · · · ·
	(4)

Question 5	C-3 (12 marks)
a. Identify <b>TWO</b> ways to overcome the barriers to communication identified in Q	uestion 4b.
Way 1:	(2)
Way 2:	(2)
b. Describe <b>TWO</b> ways how to overcome the barriers to communication identified	in Question 5a.
Way 1:	
Way 2:	
<ul> <li>c.</li> <li>Karen needs to talk to another youth after speaking to Dylan.</li> <li>The other youth has autism.</li> <li>Explain by giving reasons, TWO ways how to overcome barriers to communication.</li> </ul>	
person who has autism, stating how each way can help.	

		(4)
SECTION B: HUMAN GROWTH	& DEVELOPMENT	
<ul><li>Adolescence is a development</li><li>Karen works mainly with you</li><li>It is important for Karen to be</li></ul>	ing people.	fe stages.
Question 6		K-5 (8 marks)
a. List the <b>FIVE</b> key aspects of h	uman growth and develop	oment of each life stage.
Key aspect 1:		(0.4)
Key aspect 2:		(0.4)
Key aspect 3:		(0.4)
Key aspect 4:		(0.4)
Key aspect 5:		(0.4)
<ul> <li>b. Match the below developmenta only be matched <b>ONCE</b>.</li> </ul>	l changes to each life stage	given. Each developmental change car
Living independently Formal schooling Finding a job Limited energy	Weaning Search for identity Making first friends	Retirement Potty training First intimate relationships
i. Infancy (0-3 years):	Change 1:	(0.2)
	Change 2:	(0.2)
ii. Childhood (4-10 years):	Change 1:	(0.2)
	Change 2:	(0.2)
iii. Adolescence (11-18 years):	Change 1:	(0.2)
	Change 2:	(0.2)

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iv. Adulthood (19-65 years):	Change 1:	(0.2)
	Change 2:	(0.2)
v. Old age (65+ years):	Change 1:	(0.2)
	Change 2:	(0.2)
c. Describe <b>FOUR</b> key aspects o		,
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		(4)

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Question 7	K-7 (8 marks)
Different life factors impact our health and wellbeing.	
a. List the <b>FOUR</b> life factors which influence the health and wellbeing of	individuals.
Life factor 1:	(0.5)
Life factor 2	(0.5)
Life factor 3:	(0.5)
Life factor 4:	(0.5)
b. Outline <b>EACH</b> life factor listed in Question 7a and give <b>ONE</b> example	of <b>EACH</b> :
Life factor 1:	
Life factor 2:	
Life factor 3:	
Life factor 4:	
	(0.5)

c.

- Dylan wants to become a police officer.
- He spends a lot of time watching TV at home and doesn't exercise much.
- Very frequently, Dylan eats take-out food.
- Sometimes Dylan feels self-conscious.

Describe how any <b>TWO</b> life factors may impact the health and wellbeing of Dylan.	
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Question 8	K-9 (8 marks)
a. State what "wellbeing" is according to the WHO definition.	
	(2)
b. List the <b>FOUR</b> components of a healthy lifestyle.	
Component 1:	(0.5)
Component 2:	(0.5)
Component 3:	(0.5)
Component 4:	(0.5)
	(4)