

MATRICULATION AND SECONDARY EDUCATION CERTIFICATE EXAMINATIONS BOARD

SECONDARY EDUCATION CERTIFICATE LEVEL 2024 MAIN SESSION

SUBJECT:	Health and Social Care
PAPER NUMBER:	Controlled – Unit 1
DATE: TIME:	16 th May 2022 10:00 a.m. to 11:35 a.m.
THIS PAPER SHO	OULD BE RETURNED TO THE INVIGILATOR INATION.
Name of candidate I.D. number School	
Class	

Answer **ALL** questions in the space provided.

SECTION A: COMMUNICATION

General Scenario

- Sasha, a 15-year-old girl, has been visited by the school's social worker at her home.
- The social worker discussed with Sasha and her parents.
- The reason for this visit was because Sasha was not attending school regularly.
- The social worker told the family that the head of school had a meeting with her before she came to see them.
- The head of school informed the social worker that Sasha missed school for the past 2 months.
- When the social worker left Sasha's home, Sasha and her parents continued talking on the matter.

Q	Question 1	K-2 (4 marks)
a.	. List FOUR different contexts for communication.	
	Context 1:	(0.25)
	Context 2:	(0.25)
	Context 3:	(0.25)
	Context 4:	(0.25)
b.	Context 1:	(0.25)
	Context 3:	(0.25)
	Context 4:	
		(0.25)

c.	Identify the FOUR contexts of communication taking place between the different individuals in the general scenario. In the context identified, name the individuals taking part in the communication.
_	
_	
_	(2)
Qı	uestion 2 K-4 (4 marks)
Sc	enario (cont.)
•	Sasha and her family live just next to a huge construction site. When the social worker was speaking to Sasha's parents, it was not easy to hear what she was saying due to the constant construction noise. In addition, the social worker was using difficult words which Sasha's parents could not understand.
a.	Give a definition of 'barriers to communication'.
	(1)
b.	Identify from this scenario, TWO possible barriers to effective communication.
	Barrier 1: (0.5)
	Barrier 2: (0.5)

This question continues on next page.

c.	. Describe the possible effect of each of the TWO barriers identified in question 2b on the sender and on the receiver (FOUR in total).		
	(2)		
Qı	uestion 3 C-3 (6 marks)		
а.	From the list below identify ONE way how one can overcome each of the barriers to communication identified in question 2b.		
	using the individual's preferred language effective non-verbal communication		
	electronic devices adapting the environment		
	Way 1:(1)		
	Way 2:(1)		

b.	Describe in more detail the TWO ways how to overcome the barriers to communication identified in question 3a above.		
	Way 1:		
		_	
	(1)	
	Way 2:	_ _	
		_ (1)	
c.			
С.	 Sasha's grandparents visited later on in the day. Sasha's mother tried to explain to them about the social worker visit. Sasha's grandmother has dementia. 		
	Explain by giving reasons, TWO ways how to overcome barriers to communication wi Sasha's grandmother, stating how this can help.	ith	
		_	
		_	
		_	
		_	
		_	
		_	
		_	
		_	
_		_ (2)	

SECTION B: HUMAN GROWTH & DEVELOPMENT

Question 4		K-5 (4 marks)
understand Sasha's situalShe pointed out the impo	tion. rtance of human growth and	
List the FOUR key aspects of		
		(0.25)
		(0.25)
		(0.25)
Aspect 4:		(0.25)
matching development change		ven. Each life stage should have ONE
Dealing with retirement	Exploring sexual identity	Make first friends
Potty training	Financial independence	
i. Infancy (0-3 years):	Development Change:	(0.2)
ii. Childhood (4-10 years):	Development Change:	(0.2)
iii. Adolescence (11-18 years):	Development Change:	(0.2)
iv. Adulthood (19-65 years):	Development Change:	(0.2)
v. Old age (65+ years):	Development Change:	(0.2)
c. Describe FOUR key aspects of	growth and development dur	ing adolescence.

SEC36/c1.24m	
	(-/
Question 5	K-6 (4 marks)
a. List ONE example for each of the following needs:	
Physical need:	(0.25)
Intellectual need:	(0.25)
Emotional need:	(0.25)
Social need:	(0.25)
Scenario:	
The social worker asked Sasha about her needs as an adolesce	ent.
b. Outline each need listed in Question 5a taking into consid	eration Sasha who is an adolescent:
Physical Need:	
Intellectual Need:	
	(0.25)

This question continues on next page.

	Emotional Need:		
	(0.25		
	Social Need:		
	(0.25		
c.	If the FOUR needs outlined in Question 5a are not met, Sasha might suffer consequences Describe ONE consequence for each need that is not met.		

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Question 6 K-8 (4 marks
a. Name TWO life events that may influence the health and wellbeing of individuals.
Life event 1:(0.
Life event 2:(0.
b. Outline how the life events named in 6a can affect individuals.
Effect of life event 1:
(0.
Effect of life event 2:
(0.
c. Choose ONE of the life events mentioned in Question 6a and identify ONE positive and OI negative influence this may have on Sasha by giving examples for each influence.

Please turn the page.

Question 7 C-5 (6 marks)

Scenario:

Sasha's mother is suspecting that she might be pregnant.

a. From the list below, identify **FOUR** ways how this life event might affect all of Sasha's mother PIES needs.

more rest	become more fashiona	able support from relatives	
problem solv	ving travel more	participation in activities	
Physical needs:			(0.5)
Intellectual needs:			(0.5)
Emotional needs:			(0.5)
Social needs:			(0.5)

b. The picture below is a common scenario of how media portrays the birth of a new child as a very happy event.



(Source: https://www.scholastic.com/)

	Compare and contrast ONE way how the birth of a new child as portrayed by the media and in real life may be similar/or different.			
	(2)			
c.	Discuss how pregnancy might affect each of the Sasha's mother's FOUR life factors: physical, socio-economic, health and lifestyle.			
	(2)			

Question 8	K-9 (4 marks)
a. State what wellbeing is according to the WHO definition.	
	(1)
b. List the FOUR components of a healthy lifestyle.	
Component 1:	(0.25)
Component 2:	(0.25)
Component 3:	(0.25)
Component 4:	(0.25)
	(2)

Question 9				K-10 (4 marks)
a.	Mention ONE reason	for assessing the health and	d well-be	ing of a person.
				(1)
b.	She is having aShe is now spe munching on cri	sps and snacks.	ying a lo eries on	ot of time at home. TV, chatting with her friends and be being neglected by Sasha's mother.
	Component 1:			(0.5)
	Component 2:			(0.5)
C.				alth plan for Sasha's mother using the ong-term goal with ONE SMART short-Short-Term goal 1:
			(0.5)	(0.5)
	Component 2:	Long term goal:		Short-Term goal 1:
			(0.5)	(0.5)

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