



**L-Università
ta' Malta**

MATRICULATION AND SECONDARY EDUCATION CERTIFICATE
EXAMINATIONS BOARD

**SECONDARY EDUCATION CERTIFICATE LEVEL
2022 SUPPLEMENTARY SESSION**

SUBJECT: **Health and Social Care**
 PAPER NUMBER: Synoptic – Unit 1
 DATE: 1st November 2022
 TIME: 2:30 p.m. to 4:35 p.m.

**THIS PAPER SHOULD BE RETURNED TO THE INVIGILATOR
AFTER THE EXAMINATION.**

For examiners' use only:

Question	1	2	3	4	5	6	7	8	Total
Score									
Maximum	6	12	8	12	8	8	8	8	70

Answer **ALL** questions in the space provided.

Scenario

- Pawlu is a resident at 'Zernieq' elderly residential home.
- Pawlu started feeling a bit hungry in between meals.
- He called Mario, one of the care workers that was passing by.

Section A: Communication

Question 1

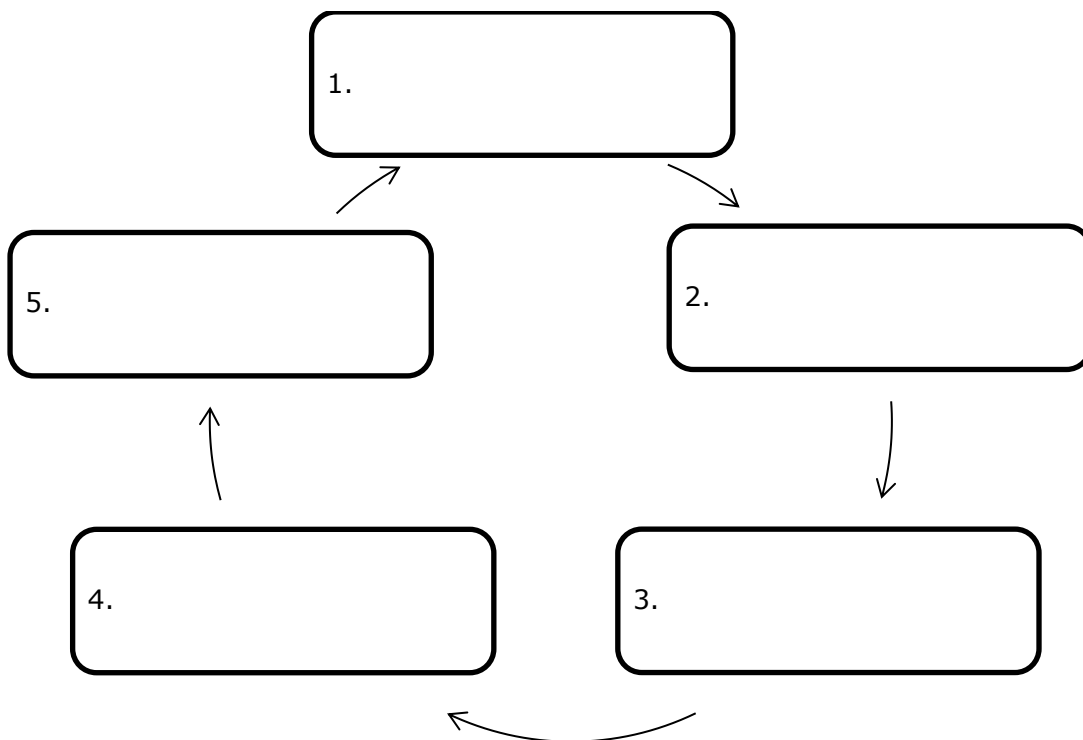
K-1 (6 marks)

a. When Pawlu called Mario, he said: 'Hi, Mario! Could you kindly bring me a snack?' Who is the sender and who is the receiver in this scenario?

Sender: _____ (1)

Receiver: _____ (1)

b. Label the **FIVE** stages of the communication cycle in the diagram below. (2)



c. Describe **FOUR** advantages of face-to-face communication.

12

(4)

Question 3

K-3 (8 marks)

a. Mention **FOUR** basic competences needed for effective communication.

Competence 1: _____ (0.5)

Competence 2: _____ (0.5)

Competence 3: _____ (0.5)

Competence 4: _____ (0.5)

b. Each form of communication incorporates a number of skills. Match the following skills with the appropriate form of communication by writing them underneath the correct heading.

Flash Cards	Gestures	Policies and Procedures	Greeting
Posture	Sign Language	Empathy	Referrals

Question 4

C-3 (12 marks)

- Pawlu told Mario, the care worker and the nurse that he did not understand why he was not given a snack.
- He told him that he cannot understand when the staff speak to him in English especially when they were using a lot of fancy words and talking very fast.

a. Identify **TWO** ways to overcome possible barriers to communication which might have hindered the discussion held between Pawlu, the care worker and the nurse.

Way 1: _____ (2)

Way 2: _____ (2)

b. Describe **TWO** ways how to overcome barriers to communication identified in Question 4a.

Way 1: _____

_____ (2)

Way 2: _____

_____ (2)

c. Pawlu also has some hearing difficulties which makes it harder for him to communicate.

Explain **TWO** ways how to overcome barriers to communication with a person who has hearing problems.

12

(4)

Section B: Human Growth & Development

- Pawlu is an elderly person.
- Old age is one of the life stages.
- It is important for workers in the care sector to be aware of these life stages and the differences in each.

Question 5

K-5 (8 marks)

a. List the **FOUR** key aspects of human growth and development of each life stage.

Aspect 1: _____ (0.5)

Aspect 2: _____ (0.5)

Aspect 3: _____ (0.5)

Aspect 4: _____ (0.5)

b. Match **each** of the developmental changes written below to the life stage during which the change is mostly experienced. Each life stage should have **TWO** matching development changes.

Health Issues	Playing with friends	Forming sentences	Becoming a parent
Puberty	Bottle feeding	Bereavement	Leaving education
	Learning how to walk	Voice change	

i. Infancy (0-3 years):

Development change 1: _____ (0.2)

Development change 2: _____ (0.2)

ii. Childhood (4-10 years):

Development change 1: _____ (0.2)

Development change 2: _____ (0.2)

Question 6

K-6 (8 marks)

As human beings we have a number of individual needs.

a. List **TWO** examples for each of the following:

Physical needs:

i. _____ (0.25) ii. _____ (0.25)

Intellectual needs:

i. _____ (0.25) ii. _____ (0.25)

Emotional needs:

i. _____ (0.25) ii. _____ (0.25)

Social needs:

i. _____ (0.25) ii. _____ (0.25)

b. Outline **ONE** example of **each** need mentioned in Question 6a relating to an elderly person.

Physical: _____

_____ (0.5)

Intellectual: _____

_____ (0.5)

Emotional: _____

_____ (0.5)

Social: _____

_____ (0.5)

This question continues on next page.

Question 8

K-9 (8 marks)

- In order to live a fulfilling life, it is important for all the elderly at the residence to follow wellbeing.

a. State what wellbeing is according to the WHO definition.

(1)

b. List the **FOUR** components of a healthy lifestyle.

- Component 1: _____ (0.5)
- Component 2: _____ (0.5)
- Component 3: _____ (0.5)
- Component 4: _____ (0.5)

c. Outline the **FOUR** components of a healthy lifestyle, listed in part b above.

(4)

8