Index Number: _____ SEC36/s1.22s



MATRICULATION AND SECONDARY EDUCATION CERTIFICATE EXAMINATIONS BOARD

SECONDARY EDUCATION CERTIFICATE LEVEL 2022 SUPPLEMENTARY SESSION

SUBJECT: Health and Social Care

PAPER NUMBER: Synoptic – Unit 1
DATE: 1st November 2022
TIME: 2:30 p.m. to 4:35 p.m.

THIS PAPER SHOULD BE RETURNED TO THE INVIGILATOR AFTER THE EXAMINATION.

For examiners' use only:

Question	1	2	3	4	5	6	7	8	Total
Score									
Maximum	6	12	8	12	8	8	8	8	70

Answer **ALL** questions in the space provided.

Scenario

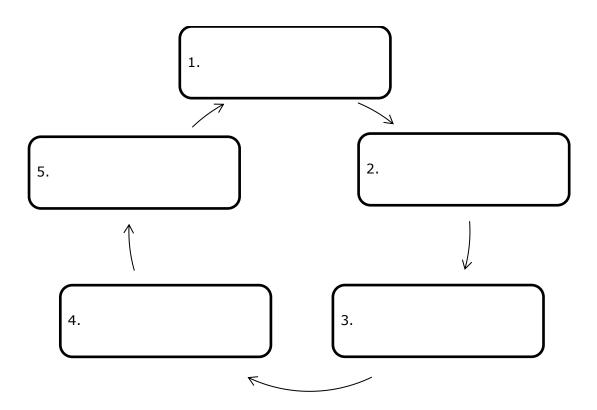
- Pawlu is a resident at 'Zernieq' elderly residential home.
- Pawlu started feeling a bit hungry in between meals.
- He called Mario, one of the care workers that was passing by.

Section A: Communication

Question 1 K-1 (6 marks)

a. When Pawlu called Mario, he said: 'Hi, Mario! Could you kindly bring me a snack?' Who is the sender and who is the receiver in this scenario?

b. Label the **FIVE** stages of the communication cycle in the diagram below. (2)



c. Outline all the stages of the communication cyc	cle.
	(2)
Question 2	C-1 (12 marks)
a. Distinguish between one-way and two-way c	communication.
	(4)
 b. Differentiate between situations when one- providing TWO examples of EACH. An exam 	-way and two-way communication are used by aple is given for each way to help you.
One-way Communication	Two-way Communication
e.g.: doctor writes prescription for patient	e.g.: counselling session between school psychologist and student.
Situation 1:	Situation 1:
Situation 2:	Situation 2:

This question continues on next page.

(2)

. Describe FOUR advantages of face-to-face communication.	
	+
	(4)
uestion 3	K-3 (8 marks)
Mention FOUR basic competences needed for effective communication.	
Competence 1:	(0.5)
Competence 2:	(0.5)
Competence 3:	(0.5)
Competence 4:	(0.5)
Each form of communication incorporates a number of skills. Match the following the appropriate form of communication by writing them underneath the corrections.	_
Flash Cards Gestures Policies and Procedures Green Posture Sign Language Empathy Referrals	eeting

 Verbal		Non-Verbal		
Written	 Augmenta	tive and/or Al	ternative	_
			(2))
ch form of communi a related skill (excludi				
				-
			(4)	

Please turn the page.

Question 4 C-3 (12 marks)

• Pawlu told Mario, the care worker and the nurse that he did not understand why he was not given a snack.

•	He told him that he cannot understand when the staff speak to him in English especially when
	they were using a lot of fancy words and talking very fast.

	, , , , , , , , , , , , , , , , , , , ,
а.	Identify TWO ways to overcome possible barriers to communication which might have hindered the discussion held between Pawlu, the care worker and the nurse.
	Way 1:(2
	Way 2:(2
ο.	Describe TWO ways how to overcome barriers to communication identified in Question 4a.
	Way 1:
	(2
	Way 2:
	(2
С.	Pawlu also has some hearing difficulties which makes it harder for him to communicate.
	Explain TWO ways how to overcome barriers to communication with a person who has hearing problems.

	(
	
	(4)
Section B: Human Growth & Development	
Pawlu is an elderly person. Old age is one of the life stages.	
It is important for workers in the care sector to be aware of these life stages and the difference.	erences
Question 5 K-5 (8 r	narks)
a. List the FOUR key aspects of human growth and development of each life stage.	
Aspect 1:	_ (0.5)
Aspect 2:	_ (0.5)
Aspect 3:	_ (0.5)
Aspect 4:	_ (0.5)
o. Match each of the developmental changes written below to the life stage during which the is mostly experienced. Each life stage should have TWO matching development changes.	change
Health Issues Playing with friends Forming sentences Becoming a Puberty Bottle feeding Bereavement Leaving education Learning how to walk Voice change	parent
i. Infancy (0-3 years):	
Development change 1:	(0.2)
Development change 2:	(0.2)
ii. Childhood (4-10 years):	
Development change 1:	(0.2)
Development change 2:	(0.2)

	i. Adolescence (11-18 years):	
	Development change 1:	(0.2)
	Development change 2:	(0.2)
i	v. Adulthood (19-65 years):	
	Development change 1:	(0.2)
	Development change 2:	(0.2)
١	v. Old age (65+ years):	
	Development change 1:	(0.2)
	Development change 2:	(0.2)

Question 6		K-6 (8 marks)
As human beings we have a number	of individual needs.	
a. List TWO examples for each of the	e following:	
Physical needs:		
i	(0.25) ii	(0.25)
Intellectual needs:		
i	(0.25) ii	(0.25)
Emotional needs:		
i	(0.25) ii	(0.25)
Social needs:		
i	(0.25) ii	(0.25)
Physical:		
Intellectual:		
		(0.5)
Emotional:		
		(0.5)
Social:		
		(0.5)

This question continues on next page.

c. • Pawlu does not like following a balanced diet even though he suffers from diabetes.

He mainly spends his time in bed watching TV.He rarely joins in any of the activities at the residential home.		
Based on the above, describe the consequences that will follow if the physemotional and social needs of Pawlu are not met.	sical, intellectual,	
		$\overline{}$
		8
	(4)	Ľ
Question 7	K-7 (8 marks)	
Physical and Health factors influence the health and well-being of individuals.		
a. List TWO other life factors.		
Factor 1:	(1)	
Factor 2:	443	

•	Outline each of the following life factors and give ONE example for each .	
	Physical life factor:	
	Outline:	
		_ (0.5)
	Example:	_ (0.5)
	Health life factor:	
	Outline:	
		_ (0.5)
	Example:	_ (0.5)
	Describe how TWO life factors in Pawlu's situation affects his health and well-being.	

Question 8	K-9 (8 marks)
In order to live a fulfilling life, it is important for all the wellbeing.	e elderly at the residence to follow
. State what wellbeing is according to the WHO definition.	
o. List the FOUR components of a healthy lifestyle.	(1)
Component 1:	(0.5)
Component 2:	(0.5)
Component 3:	(0.5)
Component 4:	(0.5)
	(4)