



**L-Università
ta' Malta**

MATRICULATION AND SECONDARY EDUCATION CERTIFICATE
EXAMINATIONS BOARD

**SECONDARY EDUCATION CERTIFICATE LEVEL
2023 SUPPLEMENTARY SESSION**

SUBJECT: **Health and Social Care**
 PAPER NUMBER: Synoptic – Unit 1
 DATE: 3rd November 2023
 TIME: 2:30 p.m. to 4:35 p.m.

**THIS PAPER SHOULD BE RETURNED TO THE INVIGILATOR
AFTER THE EXAMINATION.**

For examiners' use only:

Question	1	2	3	4	5	6	7	8	Total
Score									
Maximum	6	8	12	8	8	8	12	8	70

Answer **ALL** questions in the space provided.

General Scenario

Dr Micallef works in an Orthopaedic ward at Mater Dei Hospital.

Section A: Communication

Question 1

K-2 (6 marks)

a. List **FOUR** different contexts for communication.

- Context 1: _____ (0.5)
- Context 2: _____ (0.5)
- Context 3: _____ (0.5)
- Context 4: _____ (0.5)

b. Distinguish how each of the contexts listed in Question 1a can be used.

- Context 1: _____
_____ (0.5)
- Context 2: _____
_____ (0.5)
- Context 3: _____
_____ (0.5)
- Context 4: _____
_____ (0.5)

- c. • He does his ward round in the morning and speaks to each patient individually and follows up by giving them an appointment where he monitors the progress from a medical perspective.
- After the rounds, he organises meetings with the other members of staff, like nurses and other therapists who work with the same patients.
- In the ward, there is a room where the patients can meet up and have some leisure time.

From the scenario above, identify **FOUR** different contexts for communication taking place with different individuals. In the context identified name the individuals who are communicating.

Question 3

C-3 (12 marks)

- a. For each scenario mentioned in Question 2b, identify **ONE** way how to overcome each barrier to communication.

Scenario i:

Way: _____ (1)

Scenario ii:

Way: _____ (1)

Scenario iii:

Way: _____ (1)

Scenario iv:

Way: _____ (1)

- b. Describe the **FOUR** ways to overcome barriers to communication identified in Question 3a.

Way 1:

_____ (1)

Way 2:

_____ (1)

Way 3:

_____ (1)

Way 4:

_____ (1)

Section B: Human Growth and Development

Scenario

- Ms Maria Borg is a social worker who works with families who need help and support.
- Anna and Peter, have 3 children, Sasha, aged 14, Ben, aged 7 and Tara, aged 3. They are expecting a new born.
- Anna’s mother, who suffers from Parkinson’s, also lives with them.

Question 4

K-5 (8 marks)

a. Below list the **FOUR** key aspects of human growth and development.

Key Aspects of Human Growth and Development:

- Aspect 1: _____ (0.5)
- Aspect 2: _____ (0.5)
- Aspect 3: _____ (0.5)
- Aspect 4: _____ (0.5)

b. Match the development changes written in Column A with the life stages in Column B by drawing a line.

Column A: Development Changes
Stiffness of joints
Rapid Learning
Riding a bicycle
Puberty
Emotionally stable

Column B: Life stages
childhood
adulthood
old age
infancy
adolescence

(2)

c. Describe **FOUR** key aspects of development of Sasha, aged 14 in the scenario above.

b. Outline **ONE** example from each need listed in Question 5a relating to an adolescent.

Physical need: _____

_____ (0.5)

Intellectual need: _____

_____ (0.5)

Emotional need: _____

_____ (0.5)

Social need: _____

_____ (0.5)

c. If the **FOUR** needs outlined in Question 5b are not met, Sasha might suffer consequences. Describe **ONE** consequence for each need not met.

Scenario Continued:

- Anna and Peter had a baby boy whom they called Jack.
- This life event affected the family, but the one affected the most was Sasha.
- She is not feeling supported as all the attention is on the baby.
- She is not doing well at school and does not have time to do her homework as she needs to help further with the new-born and also had to give up her extra curriculum activities.
- This is making her feel overwhelmed and has limited time to rest.

Question 7

C-5 (12 marks)

a. Identify from the scenario above how the birth of Jack affected the needs of Sasha.

Affect on Physical Need: _____
_____ (1)

Affect on Intellectual Need: _____
_____ (1)

Affect on Emotional Need: _____
_____ (1)

Affect on Social Need: _____
_____ (1)

b. The birth of a baby is usually portrayed positively by the media. Compare and contrast how the birth of Jack can be different for the family in real life.

_____ (4)

- c.
- Anna is feeling very tired as having a baby over forty has taken its toll even on her body.
 - She is considering to stop working as she could not cope with all responsibilities.
 - She is finding it very difficult to manage her time cooking healthy food.
 - All of the above are contributing to Anna’s mental health and continuously feeling discouraged.

c. Prepare a health plan for Sasha. Take into consideration each component identified from the scenario above and identify **ONE** SMART short-term goal with **ONE** SMART long-term goal each.

Component 1: _____	
Short-Term goal: _____ _____ _____ _____ (1)	Long-term goal: _____ _____ _____ _____ (1)

Component 2: _____	
Short-Term goal: _____ _____ _____ _____ (1)	Long-term goal: _____ _____ _____ _____ (1)

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