MATRICULATION AND SECONDARY EDUCATION CERTIFICATE EXAMINATIONS BOARD UNIVERSITY OF MALTA, MSIDA

## SECONDARY EDUCATION CERTIFICATE LEVEL

MAY 2017

| SUBJECT: | Hospitality |
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| PAPER NUMBER: | Controlled - Unit 2 |
| DATE: | $26^{\text {th }}$ May 2017 |
| TIME: | $10: 00$ a.m. to $11: 35$ a.m. |

## THIS PAPER SHOULD BE RETURNED TO THE INVIGILATOR AFTER THE EXAMINATION.

## Name of candidate

I.D. number

School

## Class

Answer ALL questions.

## Scenario

As a Form 4/Year 10 student following a course in the world of food, you have been asked to give a talk to Form 3/Year 9 students who will be continuing the course the following year. It is important that you are able to explain to them your understanding of the world of gastronomy and its importance in the hospitality industry of Malta. In your talk you should explain the importance of discovering, tasting, experiencing, researching and understanding, as well as being able to write about food preparation and the sensory qualities of human nutrition. They may ask you about job prospects, and the various skills needed in food handling and preparation as well as the skills required to work effectively. You should especially be able to highlight the need to be able to care for all types of customers including those with special dietary needs.

## Question 1

K6 (4 marks)
As Malta is an island surrounded by water, fresh fish is popular with both the locals as well as tourists. You start off your talk by mentioning meals using fish as a main ingredient both in local as well as current cuisine.
a. List THREE dishes that have fish as a main ingredient.
i. $\qquad$
ii. $\qquad$
iii. $\qquad$
b. List TWO ways of storing fresh fish.
i. $\qquad$
ii. $\qquad$

## Question 2

When preparing food it can be contaminated in many ways. It is necessary that students understand the importance of prevention against food poisoning.
a. Describe THREE ways to prevent contamination.
i. $\qquad$
$\qquad$
ii. $\qquad$
$\qquad$
iii. $\qquad$
$\qquad$
b. List TWO ways of correct food storage.
i. $\qquad$
ii. $\qquad$

## Question 3

It is necessary for the students to understand how important gastronomic knowledge is to employees connected with food production in the Maltese catering industry. To prove this point you are to explain the importance of providing different dietary needs for customers. Therefore you decided to put in your talk examples of such needs.

You must explain to the students how coeliac, lactose intolerant and vegetarian diets force food restrictions on customer lifestyles.
a. Explain what is meant by Coeliac Disease. Give TWO example of foods a person with Coeliac Disease should avoid.

Explanation $\qquad$
$\qquad$
$\qquad$
i. $\qquad$
ii. $\qquad$
b. Explain what is meant by lactose intolerant. Give TWO examples of foods a person who is lactose intolerant should avoid.

Explanation $\qquad$
$\qquad$
$\qquad$ (1)
i. $\qquad$
ii. $\qquad$
c. Explain your understanding of a person who is a vegetarian. Give TWO examples of food types a person who is a vegetarian would avoid.

Explanation $\qquad$
$\qquad$
$\qquad$ (1)
i. $\qquad$
ii. $\qquad$

## Question 4

K4 (4 marks)
To give the students an idea of the type of food handling one will carry out, you decided to outline possible cooking methods. Identify and outline ONE dry cooking method and ONE moist cooking method that you will be required to practice.
a. Dry cooking method : $\qquad$
Outline: $\qquad$
$\qquad$
b. Moist cooking method : $\qquad$
Outline: $\qquad$
$\qquad$ (2)

## Question 5

The students asked you what skills are important in food preparation. You decided to explain the importance of cutting techniques.
a. Identify and explain TWO vegetable cuts.
i. Name $\qquad$
Explanation $\qquad$
$\qquad$ (2)
ii. Name $\qquad$
Explanation $\qquad$
$\qquad$ (2)
b. Identify and explain ONE fruit and vegetable cutting skills.
i. Name $\qquad$
Explanation $\qquad$
$\qquad$ (2)

## Question 6

K10 (4 marks)
During your presentation to the students you mentioned the use of different types of pastries in gastronomy.

Identify and describe TWO types of pastries used in cooking.
a. Type $\qquad$
Description $\qquad$
$\qquad$
b. Type $\qquad$
Description $\qquad$
$\qquad$ (2)

## Question 7

C5 (6 marks)
During your talk about the world of food you also mentioned the skill of the whisking and rubbing-in methods when preparing food.
a. Identify TWO properties of whisking.
i. $\qquad$
ii. $\qquad$
b. Identify TWO types of food/sweets that can be made using the whisking method and explain why this method is used for the preparation.
i. Name $\qquad$
Explanation $\qquad$
ii. Name $\qquad$
Explanation

## Question 8

K9 (4 marks)
During the question and answer period after your talk, one of the students asks what types of products can be made from cereals.
a. List TWO types of pasta made from cereals used in cooking.
i. $\qquad$
ii. $\qquad$
b. List TWO examples of pasta dishes that can be made using your choices made in part a.
i. $\qquad$
ii. $\qquad$
c. Mention TWO types of rice used in cooking.
i. $\qquad$
ii. $\qquad$
d. List TWO examples of rice dishes that can be made using your choices made in part c .
i.
ii.

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