



---

SUBJECT:	<b>Hairdressing and Beauty</b>
UNIT:	2
ASSIGNMENT:	3 – Controlled
TITLE:	Face care treatment
DATE SET:	15th April 2024
DEADLINE:	15th May 2024

---

### General Instructions

- Lines provided for sub-questions (a) and (b) indicate the length expected in the candidate's answers.
- Students are to autonomously answer sub-questions (c). Therefore, lines provided do **not** necessarily indicate the length and depth of the expected answer.
- Application criteria will be assessed in class.
- The time required to complete practical tasks will be communicated by the teacher.
- Answers may be either in English or in Maltese.

### Candidate's Declaration of Authenticity

I, the undersigned, \_\_\_\_\_ (*Name and Surname*), declare that all the work I shall submit for this assignment will be my own.

I further certify that if I use the ideas, words, or passages from existing sources, I will quote those words or paraphrase them and reference them by making use of a reference system.

I am aware that should I submit work which is not mine, or work which has been copied from one or more sources, I will be penalised as per MATSEC Examinations Board policies related to plagiarism.

Candidate's Signature: \_\_\_\_\_

I.D. Card No.: \_\_\_\_\_

Date: \_\_\_\_\_

### General Scenario

- Nicole is a junior beauty therapist working at a busy beauty salon.
- When clients book a facial care treatment, Nicole encourages them to continue taking care of their skin even at home.
- Therefore, Nicole suggests different homecare and aftercare advice according to the clients' skin type and lifestyle.

### SECTION A – WRITE-ON

Answer **ALL** questions in the space provided.

#### Question 1

**K-8 (4 marks)**

a. List **FIVE** different products used in a face care treatment.

Product 1: \_\_\_\_\_

Product 2: \_\_\_\_\_

Product 3: \_\_\_\_\_

Product 4: \_\_\_\_\_

Product 5: \_\_\_\_\_

b. Outline the purpose of the following **TEN** ingredients found in face care products.

Astringents: \_\_\_\_\_

\_\_\_\_\_

Emulsifier agent: \_\_\_\_\_

\_\_\_\_\_

Anti-bacterial agents: \_\_\_\_\_

\_\_\_\_\_

Preservatives: \_\_\_\_\_

\_\_\_\_\_

Waxes: \_\_\_\_\_

\_\_\_\_\_

Humectants: \_\_\_\_\_

\_\_\_\_\_

Oils: \_\_\_\_\_

\_\_\_\_\_

Detergents: \_\_\_\_\_

\_\_\_\_\_

Fragrances: \_\_\_\_\_

\_\_\_\_\_

Alcohol: \_\_\_\_\_

\_\_\_\_\_

c. Describe the effects of **FIVE** different products used during a face care treatment.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

---



---



---



---



---



---



---



---



---



---



---

**Question 2**

**K-7 (4 marks)**

a. i. In Table 1, state **FIVE** points why it is important to carry out a consultation with a client prior to a face care treatment.

Table 1: Importance of a consultation

Point 1:	<hr/> <hr/>
Point 2:	<hr/> <hr/>
Point 3:	<hr/> <hr/>
Point 4:	<hr/> <hr/>
Point 5:	<hr/> <hr/>

ii. In Table 2, state **FIVE** points why it is important to fill out a record card prior to a face care treatment.

Table 2: Importance of a record card

Point 1:	<hr/> <hr/>
Point 2:	<hr/> <hr/>
Point 3:	<hr/> <hr/>
Point 4:	<hr/> <hr/>
Point 5:	<hr/> <hr/>

b. Outline the **FOUR** necessary information that should be found in a face care treatment plan.

Information 1: \_\_\_\_\_

\_\_\_\_\_

Information 2: \_\_\_\_\_

\_\_\_\_\_

Information 3: \_\_\_\_\_

\_\_\_\_\_

Information 4: \_\_\_\_\_

\_\_\_\_\_







---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**Question 4**

**C-2 (6 marks)**

a. Explain **TEN** contraindications of a face care treatment.

Contraindication 1: \_\_\_\_\_

---

---

---

Contraindication 2: \_\_\_\_\_

---

---

---

Contraindication 3: \_\_\_\_\_

---

---

---

Contraindication 4: \_\_\_\_\_

---

---

---

Contraindication 5: \_\_\_\_\_

---

---

---

Contraindication 6: \_\_\_\_\_

---

---

---

Contraindication 7: \_\_\_\_\_

---

---

---

Contraindication 8: \_\_\_\_\_

---

---

---

Contraindication 9: \_\_\_\_\_

---

---

---

Contraindication 10: \_\_\_\_\_

---

---

---

b. Explain the **FIVE** benefits of heating the face.

Benefit 1: \_\_\_\_\_

---

---

---

Benefit 2: \_\_\_\_\_

---

---

---

Benefit 3: \_\_\_\_\_

---

---

---

Benefit 4: \_\_\_\_\_

---

---

---

Benefit 5: \_\_\_\_\_

---

---

---

c. Discuss the benefits of a face care treatment. Include **FIVE** benefits in the discussion.

---

---

---

---

---



**Question 5**

**C-3 (6 marks)**

a. Describe the procedure of a face massage, in **TEN** steps and in the order of application.

Step 1: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Step 2: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Step 3: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Step 4: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Step 5: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Step 6: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Step 7: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Step 8: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Step 9: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Step 10: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

b. Explain **FOUR** benefits of a face massage.

Benefit 1: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Benefit 2: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Benefit 3: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Benefit 4: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

c. Discuss the effects of the **FOUR** main face massage movements.

In each of the discussion mentioned below, the name of the massage movement must be clearly stated.

Effects of massage movement 1: \_\_\_\_\_

---

---

---

---

---

---

Effects of massage movement 2: \_\_\_\_\_

---

---

---

---

---

---

Effects of massage movement 3: \_\_\_\_\_

---

---

---

---

---

---

Effects of massage movement 4: \_\_\_\_\_

---

---

---

---

---

---





## SECTION B – PRACTICAL

### Background information

- In this task, students will be assessed on carrying out a face care treatment on a client.
- The teacher will instruct students on how to select the client before the assessment of this criteria.
- Students are to fill in the enclosed Consultation Form/Record Card provided.
- Students are to choose the appropriate face care products for their client's skin type.
- Students are to carry out the face care treatment with the correct massage sequence.

### Question 1

**A-5 (10 marks)**

- a. Demonstrate a consultation prior to a face care treatment on a client.
- b. Perform a superficial cleanse followed by a skin analysis on a client.
- c. Perform the appropriate face care treatment on a client including after-care advice.

No marks will be awarded unless all appropriate PPE are used, and Health and Safety Practices are strictly abided to.